**Warm Up Schedule**

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| **Friday 29 April Session 1 Start 6.30pm** |
| 5.30pm - 6.00pm | Girls |
| 6.00pm - 6.30pm | Boys |

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| **Saturday 30 April****Session 2** | **Start 9.30am** | **Saturday 30 April****Session 3** | **Start 3.00pm** |
| 8.00am – 8.15am | 9 and 10 Girls | 1.45pm – 2.00pm | 9, 10 and 11 Boys |
| 8.15am – 8.30am | 11 and 12 Girls | 2.00pm – 2.15pm | 12/Over Boys |
| 8.30am – 8.45am | 13/Over Girls | 2.15pm – 2.30pm | 9 and 10 Girls |
| 8.45am – 9.00am | 9, 10 and 11 Boys | 2.30pm – 2.45pm | 11 and 12 Girls |
| 9.00am – 9.15am | 12/Over Boys | 2.45pm – 3.00pm | 13/Over Girls |

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| **Sunday 1 May****Session 4** | **Start 9.30am** | **Sunday 1 May****Session 5** | **Start 2.30pm** |
| 8.00am – 8.15am | 9, 10 and 11 Boys | 1.15pm – 1.30pm | 9 and 10 Girls |
| 8.15am – 8.30am | 12/Over Boys | 1.30pm – 1.45pm | 11 and 12 Girls |
| 8.30am – 8.45am | 9 and 10 Girls | 1.45pm – 2.00pm | 13/Over Girls |
| 8.45am – 9.00am | 11 and 12 Girls | 2.00pm – 2.15pm | 9, 10 and 11 Boys |
| 9.00am – 9.15am | 13/Over Girls | 2.15pm – 2.30pm | 12/Over Boys |