**BLACKPOOL ROCKS MEET 2016**

**Licence No. 3NW160510**

**PROGRAMME OF EVENTS**

**SESSION 1 FRIDAY 29 APRIL 2016**

**WARM UP 5:30 P.M. START 6:30 P.M.**

Event 101 Girls 400m Freestyle

Event 102 Boys 400m Freestyle

**SESSION 2 SATURDAY 30 APRIL 2016 SESSION 4 SUNDAY 1 MAY 2016**

**WARM UP 8.00 A.M. START 9.30.A.M WARM UP 8.00 A.M. START 9.30 A.M.**

Event 201 Girls 200m I.M. Event 401 Boys 200m I.M.

Event 202 Boys 50m Fly Event 402 Girls 50m Fly

Event 203 Girls 50m Back Event 403 Boys 50m Back

Event 204 Boys 200m Back Event 404 Girls 200m Back

Event 205 Girls 100m Breast Event 405 Boys 100m Breast

Event 206 Boys 100m Free Event 406 Girls 100m Free

Event 207 Girls 200m Fly Event 407 Boys 200m Fly

**SESSION 3 SATURDAY 30 APRIL 2016 SESSION 5 SUNDAY 1 MAY 2016**

**WARM UP/START TBC WARM UP/START TBC**

Event 301 Boys 100m I.M. Event 501 Girls 100m I.M.

Event 302 Girls 200m Free Event 502 Boys 200m Free

Event 303 Boys 50m Free Event 503 Girls 50m Free

Event 304 Girls 100m Back Event 504 Boys 100m Back

Event 305 Boys 200m Breast Event 505 Girls 200m Breast

Event 306 Girls 50m Breast Event 506 Boys 50m Breast

Event 307 Boys 100m Fly Event 507 Girls 100m Fly