



Christmas Countdown 2018 Qualifying Times

Licence Number: 3NW182357

Please note that swimmers entering this competition must not have swum slower than the Lower Limit Entry Times

	Boys Qualifying Times [25m short course]										Girls Qualifying Times [25m short course]						
	9	10	11	12	13	14	15+	QT	Distance	QT	9	10	11	12	13	14	15+
Free	33.00	32.00	30.00	29.00	28.00	26:00	24:00	Upper	50m	Upper	33.00	32.00	30.00	30.00	29.00	28:00	26:00
	45:00	41:00	39:00	36:00	35:00	34:00	33:00	Lower		Lower	45:00	41:00	39:00	36:00	35:00	34:00	33:00
	1.05.00	1.01.00	1.00.00	1.00.00	56.00	54.00	53.00	Upper	100m	Upper	1.05.00	1.02.00	1.01.00	1.00.00	59:00	58:00	57:00
	1.32.00	1.26.00	1.21.00	1.17.00	1.12.00	1.07.00	1.05.00	Lower		Lower	1.32.00	1.26.00	1.21.00	1.16.00	1.14.00	1.11.00	1.10.00
	2.29.00	2.22.00	2.11.00	2.10.00	2.02.00	1.57.00	1.55.00	Upper	200m	Upper	2.29.00	2.23.00	2.12.00	2.10.00	2.08.00	2.05.00	2.04.00
	3.25.00	3.19.00	3.00.00	2.50.00	2.34.00	2.25.00	2.20.00	Lower		Lower	3.17.00	3.11.00	2.55.00	2.44.00	2.36.00	2.33.00	2.31.00
			4.38.00	4.36.00	4.24.00	4.12.00	4.01.00	Upper	400m	Upper			4.40.00	4.39.00	4.31.00	4.24.00	4.20.00
			6.20.00	5.49.00	5.25.00	5.07.00	5.00.00	Lower		Lower			6.07.00	5.41.00	5.27.00	5.17.00	5.12.00
Back	33:00	33:00	32:00	31:00	30:00	29:00	28:00	Upper	50m	Upper	34:00	34:00	33:00	32:00	31:00	30:00	29:00
	53:00	48:00	44:00	41:00	39:00	37:00	35:00	Lower		Lower	53:00	48:00	45:00	42:00	40:00	38:00	36:00
	1.10.00	1.07.00	1.07.00	1.06.00	1.03.00	1.00.00	59:00	Upper	100m	Upper	1.12.00	1.09.00	1.09.00	1.08.00	1.05.00	1.03.00	1.01.00
	1.45.00	1.36.00	1.29.00	1.27.00	1.20.00	1.15.00	1.12.00	Lower		Lower	1.45.00	1.36.00	1.31.00	1.25.00	1.21.00	1.19.00	1.17.00
	2.50.00	2.44.00	2.28.00	2.26.00	2.17.00	2.11.00	2.07.00	Upper	200m	Upper	2.49.00	2.43.00	2.28.00	2.26.00	2.21.00	2.17.00	2.15.00
	3.49.00	3.43.00	3.22.00	3.05.00	2.50.00	2.42.00	2.37.00	Lower		Lower	3.38.00	3.32.00	3.15.00	3.03.00	2.52.00	2.47.00	2.45.00
Breast	42:00	38:00	37:00	36:00	35:00	34:00	33:00	Upper	50m	Upper	42:00	38:00	37:00	36:00	35:00	34:00	34:00
	59:00	56:00	49:00	45:00	43:00	42:00	39:00	Lower		Lower	59:00	56:00	50:00	46:00	44:00	42:00	40:00
	1.21.00	1.18.00	1.18.00	1.17.00	1.13.00	1.09.00	1.07.00	Upper	100m	Upper	1.21.00	1.18.00	1.18.00	1.17.00	1.15.00	1.14.00	1.12.00
	1.56.00	1.49.00	1.40.00	1.37.00	1.29.00	1.24.00	1.22.00	Lower		Lower	1.56.00	1.49.00	1.44.00	1.36.00	1.32.00	1.29.00	1.27.00
	3.14.00	3.08.00	2.50.00	2.48.00	2.38.00	2.29.00	2.23.00	Upper	200m	Upper	3.15.00	3.09.00	2.51.00	2.49.00	2.40.00	2.39.00	2.37.00
	4.18.00	4.12.00	3.52.00	3.31.00	3.15.00	3.03.00	3.00.00	Lower		Lower	4.10.00	4.04.00	3.44.00	3.28.00	3.16.00	3.10.00	3.07.00
Fly	33:00	33:00	32:00	31:00	29:00	28:00	27:00	Upper	50m	Upper	34:00	34:00	33:00	32:00	31:00	30:00	29.00
	50:00	46:00	42:00	40:00	38:00	36:00	34:00	Lower		Lower	50:00	46:00	43:00	41:00	39:00	37:00	35:00
	1.11.00	1.08.00	1.08.00	1.07.00	1.03.00	1.00.00	59:00	Upper	100m	Upper	1.12.00	1.09.00	1.09.00	1.08.00	1.05.00	1.04.00	1.03.00
	1.46.00	1.37.00	1.29.00	1.27.00	1.18.00	1.13.00	1.12.00	Lower		Lower	1.46.00	1.37.00	1.32.00	1.26.00	1.22.00	1.19.00	1.17.00
		2.55.00	2.32.00	2.30.00	2.21.00	2.14.00	2.06.00	Upper	200m	Upper		2.55.00	2.35.00	2.33.00	2.25.00	2.23.00	2.19.00
		3.52.00	3.29.00	3.15.00	2.55.00	2.43.00	2.40.00	Lower		Lower		3.47.00	3.24.00	3.08.00	2.57.00	2.51.00	2.49.00
IM		2.46.00	2.31.00	2.29.00	2.20.00	2.15.00	2.05.00	Upper	200m	Upper		2.45.00	2.32.00	2.30.00	2.24.00	2.22.00	2.18.00
		3.45.00	3.26.00	3.09.00	2.54.00	2.44.00	2.42.00	Lower		Lower		3.36.00	3.17.00	3.04.00	2.55.00	2.51.00	2.49.00