Club Rules

As swimmers, coaches, volunteers and parents, we all commit to the following:

* We will treat others as we like to be treated.
* We will be kind to each other.
* We will be inclusive.
* We will be welcoming of new members.
* We will proudly support everyone in Carnforth Otters
* Be a great sport: recognise effort and not just achievement.
* Be a great role model.
* Adhere to relevant Code of Conduct.
* Have fun!

As a swimmer I will:

* I will look after the facilities and equipment I use.
* I will listen to my coaches and my parents.
* I will always try my best.
* I will accept the decisions of my officials, coaches, volunteers and my parents.

As a coach I will:

* I will prepare well.
* I will share good practice.
* I will keep learning.
* I will put swimmers’ welfare at the core of all that I do.
* I will describe what is good, and swimmers support to do better.
* I will help swimmers to be the best they can be.

As a parent or guardian, I will:

* I will encourage my child.
* I will recognise and respect the commitment, knowledge and decisions of the officials, coaches and volunteers.
* I will let the Club know how best to meet my child’s needs.
* I will support all Carnforth Otters’ swimmers, not just my own.
* I will get my child to training and competitions on time and pick them up prompt afterwards.
* I will volunteer and help too sometimes.