



OTTERS DAM BUSTERS



SAVE
THE DATE

SUNDAY 18TH OCTOBER

Level 3 meet

ALL STROKES 50M, 100M AND 200M
INCLUDING 100IM AND 200IM

**SALT AYRE LEISURE
CENTRE**

OGLETHORPE
STURTON &
GILLIBRAND
SOLICITORS

Carnforth Otters **"DAM BUSTER"** Open Meet

Level 3 meet for those looking to gain the Winter Regional times or smash out some new Personal Bests!

Date

Event: Sunday 18th October 2026

Entries Open: 7.00pm Wednesday 30th September 2026

Entries Close: 7.00pm Wednesday 8th October 2026

Venue

Salt Ayre Leisure Centre, Lancaster

8.00am Warm up Session 1/Start 9.00am

1.00pm/tbc Warm up Session 2/Start 2.00pm/tbc

Approx Finish 5.30pm/tbc

Facilities: 25m pool, 8 lanes, anti-wave lane ropes, Colorado Touchpads, Gen7 timing, with live scoreboard and online time publishing. 18m Additional Warm Up/Cool Down Pool available throughout the day.

Large Sports Hall & Pool side space for all Athletes, Coaches & Team Managers to relax, refuel and remobilise between events.

Programme of Events

Session 1: Warm-up 8.00am

Events No.	Stroke	Meters	Open/Female
101	Individual Medley	200	Mixed
102	Freestyle	50	Female
103	Butterfly	50	Open
104	Butterfly	100	Female
105	Freestyle	50	Open
106	Breaststroke	200	Mixed
107	Freestyle	100	Female
108	Butterfly	100	Open
109	Butterfly	50	Female
110	Freestyle	100	Open
111	Backstroke	200	Mixed

Session 2 : Warm-up 1.00pm/tbc

Events No.	Stroke	Meters	Open/Female
201	Freestyle	200	Mixed
202	Backstroke	50	Open
203	Breaststroke	50	Female
204	Breaststroke	100	Open
205	Backstroke	50	Female
206	Individual Medley	100	Mixed
207	Butterfly	200	Mixed
208	Backstroke	100	Open
209	Breaststroke	100	Female
210	Breaststroke	50	Open
211	Backstroke	100	Female

All events will be seeded on a slowest to fastest time basis for all age groups. All events will be heat declared winners within the prescribed age limits.

Medal Categories

Male(Open) Ages 9,10,11,12,13,14,15 and over

Female Ages 9,10,11,12,13,14,15 and over

Medals places 1st 2nd and 3rd will be awarded for all events for each age group.

Fabulous “Spot Prizes” throughout the meet for Heat Winners in randomly selected heats.

All competitors will be 9 Years and over and ages are as of midnight on the day. The Female Category is for birth sex females in accordance with Swim England’s Transgender and Non-Binary Competition Policy. By entering the “Female” category, a swimmer confirms that their birth sex is female.

The meet will be held under Swim England Technical Rules and is licensed to Level 3. All swimmers must be a members of a club affiliated to Swim England at Category Club Compete Level.

Entries

The entry fee will be £7.00 per individual event. Entries shall be accepted on a first come first served basis accompanied by the appropriate fee from 7.00pm Wednesday 30th September 2026 up to and including the closing date 7.00pm Wednesday 8th October 2026 or when the gala capacity has been reached, whichever occurs first. Should further rejections be required to ensure the meet runs within allocated session times and to ensure the safe and smooth running of the meet, this will be done by slowest entry time in events selected by the by the Meet Manager. **All Club Entries should be made via the “Meet Entries Form” found at <https://carnforthotters.co.uk/openmeets/>**

Live Stream

During the meet we intend to run a Live Stream which we hope to make available to view via YouTube. The link will be provided closer to the meet date.

All parents/guardians/coaches and all swim clubs attending our meet have agreed to allow all their swimmers and attendees to appear on the live stream which will be a wide shot and not close-up, it may capture the whole pool area including spectators.

Any individual who wishes to avoid being broadcast we would advise to opt out of entering the meet. We will not be able to edit/remove individuals from the live stream. There will be no refunds for withdrawals for this reason once entries have been submitted.

Additionally, the stream may also remain online to view once the swim meet has concluded. We reserve the right to remove the stream should we feel necessary. Should anyone have any concerns or questions in relation to this data privacy then please contact us prior to entry.

Enquiries and queries John Hardiman competitions@carnforthotters.co.uk

Entries will be held on computer and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of your entry.

Accepted entries will be published the week before the event or sooner:

<https://carnforthotters.co.uk/acceptedentries/>

Payment for club entry fees is BACS only, bank details provided following entry receipt.

Officials

Please can all clubs entering provide volunteer officials; J2s, J2, J1 or J1 in training to support the efficient running of the day. Our request is 1 official per 15 swimmers please. Officials Uniform; White Polo Shirt with Black Pants, Shorts or Skirt. Poolside Snacks & Sandwich Refreshments will be provided for officials covering both sessions.

Coaches & Team Managers

Passes for Coaches/Pool side are £20 each. All Poolside helpers must have full CRB clearance. The pass will include entrance to the pool, programme, heat sheets, Lunch with Beverages. Coaches/Team Manager Lanyards must be worn during the meet.

Spectators

Family and friends are encouraged to noisily support all competitors for the duration of the event. Admission £10.00 per adult full day, £7 per adult -1 session, cash preferred. No charge for children 14/under. Spectator capacity is limited to the maximum number of spectator seating provided by the centre, no standing or sitting on the stairs is permitted please.

All attendees are expected wear the provided spectator lanyard and to be positive and sporting towards everyone, particularly competitors, fellow spectators, coaches and officials.

Consideration Times

All Entries submitted should **not be Faster than** the entry times as detailed. Please ensure the entry time is from a recent meet or a coaches stopwatch time.

MALE/OPEN LOWER TIME LIMITS –

<u>AGE GROUP</u>		<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15+</u>
Freestyle	50m	34.00	32.00	31.00	29.00	27.00	25.00	23.00
	100m	1.24.00	1.15.00	1.10.00	1.06.00	58.00	57.00	52.00
	200m		2.45.00	2.30.00	2.20.00	2.09.00	2.07.00	1.53.00
Backstroke	50m	39.00	37.00	34.00	33.00	32.00	29.00	25.00
	100m	1.32.00	1.28.00	1.19.00	1.10.00	1.08.00	1.03.00	56.00
	200m		3.06.00	2.48.00	2.35.00	2.30.00	2.25.00	2.05.00
Breaststroke	50m	49.00	44.00	41.00	39.00	34.00	32.00	28.00
	100m	1.48.00	1.37.00	1.27.00	1.25.00	1.16.00	1.10.00	1.03.00
	200m		3.30.00	3.05.00	2.55.00	2.45.00	2.40.00	2.13.00
Butterfly	50m	38.00	35.00	32.00	31.00	29.00	27.00	23.00
	100m	1.40.00	1.28.00	1.18.00	1.12.00	1.07.00	1.03.00	55.00
	200m			2.52.00	2.45.00	2.40.00	2.25.00	2.10.00
IM	100m	1.25.00	1.20.00	1.16.00	1.12.00	1.08.00	1.04.00	1.03.00
	200m		3.00.00	2.50.00	2.35.00	2.28.00	2.23.00	2.04.00

FEMALE LOWER TIME LIMITS

<u>AGE GROUP</u>		<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15+</u>
Freestyle	50m	38.00	32.00	30.00	29.00	28.00	27.00	26.00
	100m	1.28.00	1.10.00	1.08.00	1.05.00	1.02.00	59.00	57.00
	200m		2.30.00	2.28.00	2.20.00	2.15.00	2.10.00	2.03.00
Backstroke	50m	42.00	37.00	34.00	32.00	30.00	29.00	28.00
	100m	1.35.00	1.20.00	1.16.00	1.12.00	1.09.00	1.07.00	1.02.00
	200m		3.02.00	2.45.00	2.35.00	2.30.00	2.27.00	2.15.00
Breaststroke	50m	50.00	43.00	41.00	37.00	35.00	34.00	32.00
	100m	1.45.00	1.35.00	1.32.00	1.24.00	1.19.00	1.16.00	1.11.00
	200m		3.26.00	3.12.00	2.59.00	2.53.00	2.45.00	2.35.00
Butterfly	50m	45.00	35.00	34.00	31.00	30.00	29.00	28.00
	100m	1.35.00	1.30.00	1.20.00	1.12.00	1.07.00	1.06.00	1.03.00
	200m			3.05.00	2.40.00	2.33.00	2.28.00	2.20.00
IM	100m	1.25.00	1.20.00	1.16.00	1.14.00	1.11.00	1.09.00	1.08.00
	200m		3.00.00	2.45.00	2.35.00	2.29.00	2.27.00	2.19.00